

Xuan Wang

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EDUCATION

Ph.D. Candidate in Social Work The University of Hong Kong, Hong Kong SAR	2024 -
Master of Psychology Zhejiang University, Hangzhou, China	2021 - 2024
Bachelor of Applied Psychology Beijing Forestry University, Beijing, China	2017 - 2021

RESEARCH INTERESTS

Childhood Adversity, Trauma, and Resilience; Child and Adolescent Mental and Behavioral Health; Social-Emotional Learning (SEL) and Competence Development; Bullying and Interpersonal Violence; Family Processes and Parenting; School-based Psychosocial Interventions

PEER-REVIEWED PUBLICATIONS

- Wang, X.,** Ma, R., Liu, Z., Yang, X., & Zhou, X. (2026). Efficacy of community interventions for posttraumatic stress disorder symptoms: A Bayesian network meta-analysis of randomized controlled trials. *BMC Psychology*. <https://doi.org/10.1186/s40359-026-05344-1>
- Wang, X.,** & Lee, J. (2026). Social and emotional competencies as gender-specific moderators of the co-occurrence of bullying victimization and perpetration: Evidence from Chinese youth. *Child and Adolescent Social Work Journal*. <https://doi.org/10.1007/s10560-026-01140-3>
- Wang, X.,** Yang, X., & Zhou, X. (2023). Perceived parental depression, intrusive rumination, and internalizing problems: A three-wave longitudinal study in adolescents. *International Journal of Clinical and Health Psychology*, 23(3), 100366. <https://doi.org/10.1016/j.ijchp.2023.100366>
- Wang, X.,** Huang, J., Yang, X., Liu, Z., & Zhou, X. (2023). Trajectories of parental posttraumatic stress disorder and children's mental health following Super Typhoon Lekima: The mediating role of feeling of safety. *Journal of Adolescence*, 95(8), 1590-1602. <https://doi.org/10.1002/jad.12228>
- Wang, X.,** Tan, R., & Zhou, X. (2023). Optimism and posttraumatic stress disorders among breast cancer patients: The mediating roles of fear of progression and avoidance coping. *Chinese Journal of Applied Psychology*, 29(2), 111-118. <https://doi.org/10.20058/j.cnki.cjap.021201>
- Wang, X.,** Ji, W., Xu, Y., & Zhou, X. (2022). Social support, posttraumatic growth, and prosocial behaviors among adolescents following a flood: The mediating roles of belief in a just world and empathy. *Current Psychology*, 42(35), 31528-31535. <https://doi.org/10.1007/s12144-022-04147-y>
- Ye, Y., Li, Y., Jin, S., Huang, J., Ma, R., **Wang, X.,** & Zhou, X. (2022). Family function and post-traumatic stress disorder in children and adolescents: A meta-analysis. *Trauma, Violence, & Abuse*, 24(5), 3151-3169. <https://doi.org/10.1177/15248380221126182>

SELECTED CONFERENCE PRESENTATIONS

Wang, X., Liu, J. Y., & Lee, J. (2026, Jun). *The Bidirectional Association between Social Emotional Competencies and Bullying: A Meta-Analysis of Longitudinal Studies*. The 28th Biennial Meeting of the International Society for the Study of Behavioral Development, Incheon, South Korea.

Wang, X., & Lee, J. (2026, April). *Social and emotional competencies as gendered moderators of bullying victim–perpetrator link: Evidence from Chinese youth*. The 2026 American Educational Research Association Annual Meeting, Los Angeles, United States.

Wang, X., & Lee, J. (2026, April). *Exploring cross-national differences in the mediating role of social-emotional competence between bullying victimization and well-being*. The 2026 American Educational Research Association Annual Meeting, Los Angeles, United States.

Li, K.W., **Wang, X.,** Chen, X., & Liu, J. H. (2024, September). *Chinese Women’s Socio-economic Status and Intimate Partner Violence Victimization: The Mediating Effect of Patriarchal Ideology*. The 24th Annual Conference of the European Society of Criminology (ESC), Bucharest, Romania.

Wang , X., & Zhou, X. (2023, May). *Trajectories of parental post-traumatic stress disorder and children’s mental health following Super Typhoon Lekima*. The 3rd Beichuan International Psychological Forum, Mianyang, China.

Wang , X., & Zhou, X. (2022, Dec). *Effect of warm parenting on the development of post-traumatic stress disorder and post-traumatic growth in adolescents: The mediating role of support seeking*. The Academic Annual Meeting of School Psychology Professional Committee of Chinese Psychology Association and The Second National Conference on Positive Education, Suzhou, China.

Wang , X., & Zhou, X. (2022, Nov). *Perceived parental depression, intrusive rumination, and internalizing problems: A three-wave longitudinal study in adolescents*. The 24th National Psychological Academic Conference, Xinxiang, China.

Wang, X., & Zhou, X. (2022, Jul). *Social support, posttraumatic growth, and prosocial behaviors among adolescents following a flood*. The 18th Zhejiang Provincial Psychological Academic Conference, Shaoxing, China.

TEACHING EXPERIENCE

Psychological approaches in mental health care Teaching Assistant, University of Hong Kong	2025
Advanced social data analysis Teaching Assistant, University of Hong Kong	2025
Group psychological counseling Teaching Assistant, Zhejiang University	2022

SELECTED AWARDS & HONORS

Postgraduate scholarship for PhD program University of Hong Kong	2024
Outstanding Graduates of Zhejiang Province Zhejiang Province, China	2024
National Scholarship Ministry of Education of China	2023
Social Sciences Research Outstanding Award Zhejiang University	2023
First Class Academic Excellence Grant Zhejiang University	2022, 2023
Graduate of Merit Zhejiang University	2022, 2023

Nandu Scholarship Zhejiang University	2022
Excellent student Cadres Beijing Forestry University	2019
Excellent Student Scholarship Beijing Forestry University	2018
Undergraduate of Merit Beijing Forestry University	2018

ACADEMIC SERVICE

Ad-hoc Reviewer:

Child Indicators Research

Child & Youth Care Forum

Humanities and Social Sciences Communications

Journal of Child & Adolescent Trauma

Personality and Individual Differences

SKILLS

Certificate: Certificate in Teaching and Learning In Higher Education (HKU)

Software: *Mplus*, R, Stata, SPSS, Amos

Languages: Mandarin (native), English (fluent)