

Jose Alejandro P. Agravante

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EDUCATION

M.Ed. Educational Psychology, Specialization in School Counseling
University of Utah Salt Lake City, UT 2026

- MPCAC & NCATE Accredited

B.S. Psychology, Minor in Leadership Studies – *Magna Cum Laude*
University of Utah Salt Lake City, UT 2021

RESEARCH INTERESTS

Cultural Identity • Mental Health • Prevention/Intervention • Educational Settings • Assessment/Measures

RESEARCH EXPERIENCE

Research Coordinator Salt Lake City, UT
University of Utah Department of Educational Psychology U-TTEC Lab 2024–2026

- Lead supervisor of doctoral, masters, and undergraduate research assistants
- Grant writing for multiple local and federal research projects
- Coordinated research procedures involving human participants
- Collected data and analyzed findings on multiple funded projects
- Coordinated and drafted peer-review manuscripts
- Submitted Institutional Review Board applications

Lab Administrator Salt Lake City, UT
University of Utah Department of Educational Psychology U-TTEC Lab 2021–2024

- Performed administrative tasks including hiring, onboarding, training, and purchasing
- Developed lab manuals and research materials
- Community outreach and event planning for the Utah School Mental Health Collaborative
- Oversaw the organization of cloud-based platforms (Box and Google Drive)

Undergraduate Research Assistant Salt Lake City, UT
University of Utah Department of Educational Psychology U-TTEC Lab 2021

- Data collection and management of secure data storage
- Conducted data analyses
- Edited sections of peer-review manuscripts
- Behavior observation, coding, and intervention delivery in public schools

Undergraduate Research Assistant Incheon, South Korea
University of Utah Asia Campus Psychology Research Lab 2019 - 2020

- Performed qualitative data coding of participant interviews
- Analyzed the impact of ALS patients' advanced directives on caregiver mental health

PUBLICATIONS

- Michael, K., Agravante, J., Azadi, M., Farley, C., Leerhoff, T., Katz, R., Illapperuma-Wood, C., Olsen, T., Fischer, A. J. (manuscript submitted). *Scoping review: Adolescent rural gun violence* [White Paper]. Sandy Hook Promise.
- Larson, A., Dunay, S., Agravante, J., McGinnis, J., Olson, M., Fischer, A. J., Noor, L. & Oduntan, G. (under review). Trauma-informed care in educational settings: A systematic review. *School Mental Health*.
- Hoerner, A., Agravante, J., Franco, A., Quezada, P. G., Walker, M., Fischer, A. J. & Radley, K. C. (under review). Cultural humility in school psychology and social work training: An exploration through reflective journaling. *School Psychology International*.

Manuscript in Progress:

Heller, H., Funn, A., Farley, C., Agravante, J., Nichols, E., Behr, N. E., Lynch, T., Larson, A., Illapperuma-Wood, C. & Fischer, A. J. (n.d.). Utilizing virtual training environments to practice skills in assessment, intervention, and consultation [Manuscript in progress]. Department of Educational Psychology, University of Utah.

Manuscript Contributions:

- Michael, K., Fischer, A. J., & Olsen, T. (2025). Addressing mental health needs in rural and indigenous communities: Serving people on their terms. *Focus (American Psychiatric Publishing)*, 23(1), 19–24. <https://doi.org/10.1176/appi.focus.20240035>
- Fischer, A. J., & Bloomfield, B. S. (2024). Teleconsultation in schools: A guide to collaborative practice. *American Psychological Association*. <https://doi.org/10.1037/0000366-000>.

ACADEMIC PRESENTATIONS

- Agravante, J., & Fischer, A. (2025, March). *Addressing cultural identity intersections through a multicultural dialectical behavior therapy (DBT) skills intervention for adolescents*. Poster presented at the University of Utah College of Education Research Symposium, Salt Lake City, UT.
- Agravante, J., & Fischer, A. (2023, February). *Increasing teacher training simulation accessibility through nonlinear scenario based e-learning*. Poster presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.
- McCormick, M., Fischer, A., Agravante, J., & Hoskinson, C. (2025, April). *Practicing disarming microaggressions in the classroom using virtual reality*. Poster presented at the University of Utah Undergraduate Research Symposium, Salt Lake City, UT.
- Maldonado, A. F., Jorgensen, B., Gochmour, M., Wilcox, S., Trumbull, L. R., Agravante, J., Fischer, A. J., Stuart, L. A., & Radley, K. C. (2021, November). *Project PEACE: Addressing the need for equitable accessibility to evidence-based behavioral and mental health interventions*. Poster presented at the annual convention of the Utah Association of School Psychologists, Sandy, UT.

Upcoming Presentations:

- Agravante, J., Fischer, A. J., Hoskinson, C. (2026). Behavior Management in Teacher-Training Through Virtual Reality: Usability and Acceptability. Poster accepted for the annual convention of the National Association of School Psychologists, Chicago, Illinois.

INVITED LECTURES AND GUEST PRESENTATIONS

Invited Guest

Washington, D.C.

Promise, Possibility, and Power of Adolescence Symposium

2025

- Invited attendee to joint event hosted by the Aspen Center for Rising Generations and Georgetown University

Invited Discussion Leader

Jackson, Wyoming

Annual Mental Health Symposium

2024

- Invited as a guest speaker by the Ortus Foundation, discussing topics related to preventative school mental and behavioral health, firearm suicide, and policy

FUNDED RESEARCH IN PROGRESS

Case Study: Wyoming Adolescent Rural Gun Violence Study (*Data collection ongoing*)

- Mixed-methods Wyoming case study analyzing statewide risks for firearm suicide and school violence through assessing access to lethal means, storage practices, and attitudes about safety
- Project contributions: Project conceptualization, facilitated completion of the IRB application, maintained external collaborations, constructed survey materials and consent forms, and facilitated data collection

Virtual Educator Experience (VEx) Study (*Data collection ongoing*)

- Mixed-methods social validity study examining acceptability and usability of a virtual reality training simulation to train pre-service educators in classroom behavior management, mindfulness practices, and cultural responsiveness.
- Contribution: Developed partnerships with software development teams, directed the advances in software construction, prepared survey and procedure materials, completed the IRB submission, and supervised data collection

Utah Statewide Pediatric Mental Health Access Study (*Under IRB review*)

- Mixed-methods public health study examining Utah statewide insurance claims, electronic medical records, self-report survey data, and phone-based interviews to identify mental health provider and caregiver barriers to youth receiving accessible pediatric mental health care
- Contribution: Project conceptualization, completed IRB application, developed survey and consent materials, organized protocols to implement data collection, and maintained external partnerships.

APPLIED EXPERIENCE

Associate High School Counselor

Salt Lake City, UT
2025 - 2026

Highland High School

- Brief skills-based therapy with high-school students
- Psychoeducational DBT skills-based groups with high-school students
- Classroom-wide psychoeducation and social emotional learning
- Oversaw the development of universal academic and mental health prevention and intervention
- Provided direct student and family support for achieving academic, college, and career goals

Camp Counselor

Salt Lake City, UT
2021

University of Utah Continuing Education

- Brief solution-focused therapy with adolescents
- Supported students and families to achieve behavioral goals
- Reinforced youth participation in educational activities

Camp Counselor

Seoul, South Korea
2018 - 2020

Seoul Foreign School

- Delivered an educational curriculum for K-8 students
- Reinforced functional behaviors and group participation
- Family-based behavior consultation

Substitute Teacher

Seoul, South Korea
2020

British Education Korea

- Taught established social studies curriculum to British middle school students
- Facilitated student-led projects on the United States electoral college

HONORS & AWARDS

Psychology Undergraduate Research Award

Incheon, South Korea
2020

University of Utah Asia Campus

- Awarded university funds for a project entitled “Multiculturalism and higher-order thinking: Multicultural identity integration and integrative complexity”

Undergraduate Dean’s List

Incheon, South Korea; Salt Lake City, UT
2018 - 2021

University of Utah

- Maintained over 3.5 GPA during undergraduate studies
- Cumulative GPA: 3.99

International Baccalaureate

Seoul, South Korea
2018

Seoul Foreign School

- Completed International Baccalaureate Diploma Programme, an internationally accredited rigorous 2-year program preparing students for post-secondary success