

Risk, Resilience, and Culture Lab

Welcome Guide



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Welcome Guide for New Lab Members

Getting Started

Lab Orientation: Attend an initial meeting with PI and/or senior researcher(s) to go over the lab's goals, ongoing projects, and how your role fits in.

Read the Lab Manual: The lab manual outlines our protocols for data handling and general procedures. Ask questions if anything needs to be clarified.

Access to Tools & Platforms: Ensure you have access to relevant platforms

- **Slack:** Our primary communication tool—please download it on both your phone and laptop.
- **Google Drive:** Where we collaborate on writing and taking notes.
- **Box:** Used for storing project-relevant documents.
- **Dropbox:** Where we store our submitted or in-revision manuscripts.

Complete the Self-Assessment Tool: <https://forms.gle/Te56Coh2yxjxTt3A6>

This self-assessment is essential for providing relevant professional development and learning opportunities. Please answer honestly so that we can assign tasks that align with your current skills and help you develop in areas that need improvement.

Lab Culture & Expectations

Collaboration: We believe in teamwork! Communicate openly, share ideas, and ask for help when needed.

Respect & Inclusivity: We foster an inclusive environment where everyone is respected. Be mindful of cultural differences and support your colleagues.

Meeting protocols: Attend lab meetings and project discussions regularly. Come prepared, be engaged, and update the team on your progress.

Communication: Keep all communication professional and timely. Use Slack or emails for lab-related conversations.



Roles & Responsibilities

Undergraduate/Graduate Research Assistants (RA):

- Assist with data collection, analysis, literature reviews, and preparing presentations or reports.
- Support ongoing lab projects by following established protocols and contributing to tasks as directed by senior researchers or the PI.

Senior Researchers/Doctoral Students:

- Lead research projects, including collecting data, managing timelines, and coordinating team efforts.
- Mentor new students and RAs, guiding methodologies, analyses, and academic writing.
- Oversee specific research areas and contribute to publications and conference presentations.

Principal Investigator (PI):

- Responsible for the lab's overall vision, securing funding, and overseeing all projects.
- Regularly communicates with lab members to ensure progress, provide guidance, and make strategic decisions about the lab's direction.
- Oversees the publication process, serving as the corresponding author on research papers from our lab.

Working Hours and Work-Life Balance

Our lab values the diversity of our team, with individuals coming from different backgrounds and life situations, including family responsibilities, marital status, and personal commitments. We understand that everyone has their own working style and environment, and we strive to create a flexible atmosphere where lab members can thrive. You are welcome to send Slack messages or emails at any time that works best for you, even outside of regular working hours. However, please keep in mind that others may not be working during the same hours. We respect each person's time and encourage a balance between work and personal life.