

Yijing Zhang, MSW.

Benjamin Building, University of Maryland, MD 20740 | yijingz@umd.edu

EDUCATION

University of Maryland, College Park

Expected 2024-2029

Ph.D in school psychology

The Chinese University of Hong Kong, Hong Kong

09/2022-07/2023

Master of Social Work (MSW)

Salem State University, MA, USA

09/2019-06/2021

Bachelor of Science (B.S.), Psychology

Cumulative GPA: 3.57 /4.0; Advanced GPA: 3.70; Major GPA:3.64

Yunnan Normal University, China

09/2017-06/2019

Bachelor of Science (B.S.), Psychology

Sino-America 1+2+1 Dual-degree program

PUBLICATIONS (* refers to corresponding author)

Peer Reviewed Journal Publications

2. **Zhang, Y***, Li, J., Zhang, M., AI, B., Jia, F. (2023). Bidirectional associations between loneliness and problematic internet use: A meta-analytic review of longitudinal studies. *Addictive Behaviors*. 150, 107916,

<https://doi.org/10.1016/j.addbeh.2023.107916>. (**SSCI, IF=4.4 in 2022 JCR year, Ranking: 27/131, Q1 in clinical psychology**)

1. **Zhang, Y.** & Chen, J.-K. Emotional Intelligence and School Bullying Victimization in Children and Youth Students: A Meta-Analysis. *International Journal of Environmental Research and Public Health*. 2023,20,4746. <https://doi.org/10.3390/ijerph20064746> (**SSCI, IF=4.614 in 2021 JCR year, Ranking:45/182, Q1 in Public, Environmental**

&Occupational Health)

Manuscript Under Review

3. Lee, J., Choo, H., **Zhang, Y.**, Cheung, H. S., & Ang, R. P. (Major revision). Cyberbullying victimization and adolescent mental health outcomes: A systematic review and meta-analysis of longitudinal studies. *Trauma, Violence & Abuse*

2. Zhang, M. Yang, X, Li, J, Akintunde., TY., **Zhang, Y.** Tan, Y. (Under review). Can social support promote academic engagement: A systematic review and meta-analysis. *Educational Research Review*

1. Zhang, M, **Zhang, Y.** Li, X., Akintunde., TY., Qiao., L., Li., L. (Under review). The effects of parental mindfulness and preschoolers' prosocial behavior: The chain mediating model of marital quality, authoritative parenting, and the gender difference. *Early Education and Development*

Manuscript Under Preparation

3. Wu, C. **Zhang, Y.** Yang, H. Risk and protective factors of teacher victimization by students: A systematic review

and meta-analysis (Screening completed)

2. Zhang, Y, Chen, M. Negative grandparenting and child behavioral problems in China: A meta-analysis. (initial manuscript completed.) *Aggression and Violent Behavior*

1. Zhang, M, **Zhang, Y.** Profiles of emotion regulation and their antecedents and outcomes among Chinese preschool Children (data analysis and initial manuscript completed).

PRESENTATIONS

Zhang, Y. & Chen, J.-K. (June,2022), *Emotional Intelligence and School Bullying Victimization in Children and Youth Students: A Meta-Analysis.* Oral presented at International Conference on Cyber and Face-to-Face Aggression and Bullying 2022, Hong Kong.

RESEARCH EXPERENCES

Postgraduate Research Assistant (Full-time)

Intergenerational transmission of domestic violence: Risk assessment of elder abuse and exploration of protective factors- the Chinese University of Hong Kong (07/2023- 07/2024)

Principal Investigator: Jenna Mengtong Chen, Ph.D.

- Assisted with conducting massive systematic literature searches, literature review, and ongoing manuscript preparation.
- Assisted in conducting meta-analysis and writing review comments for SSCI peer-review manuscripts.
- Conducted data collection in communities, Shenzhen City, China
- Assisted with data entry tasks using SPSS.

Research Assistant (Part-time)

Adolescent Mental Health Enhancing Long-term plan (A-HELP)- Youth Mental Health Lab, Vanke school of public health, Tsinghua University (09/2023- 11/2023)

Principal Investigator: Runsen Chen, Ph.D.

- Coordinate with 8 primary schools in Yunfu City, Guangdong Province, China
- Assist in collecting second-wave data for a longitudinal study aimed at promoting Grade 3-6 students' mental health
- Assist in conducting individual in-depth interviews.

Graduate Student Assistant (Part-time)

CU Social Work Project Website Development for Migrant- the Chinese University of Hong Kong (09/2022- 05/2023)

Principal Investigator: Emily Qijin Cheng, Ph.D.

- Assisted with website building and launching (wrote demo for FB chat box, FAQ, input data, etc.)
- Wrote mental health-related popular science articles
- Assisted with activities held for Filipino domestic workers
- Searched and transformed mental health self-assessment tools

Graduate Student Assistant (Part-time)

Northern District Poverty Study Survey- the Chinese University of Hong Kong (11/2022- 05/2023)

Principal Investigator: Wong Hung, Ph.D.

- Assisted with recruit poor residents in Fenling district, Hong Kong

- Conducted in-depth interviews with poor residents on their poverty and mental health conditions

Post-Baccalaureate Research Assistant (Part-time)

Psychological or psychosocial treatments of PTSD across the life span: A systematic review and meta-analysis - School of Social department and Public Policy, Beijing Normal University (09/2022-12/2022)

Principal Investigator: Zhiyong Qu, Ph.D.

- Assisted in systematic review and meta-analysis study
- Read and categorized massive articles for inclusion/exclusion criteria in Endnote 20

Post-Baccalaureate Research Assistant (Part-time)

Cognitive-Behavioral Therapy Intervention for Elderly with Alzheimer's Disease (2022)- Beijing Wispirit Technology Co., Ltd., Beijing, China

Principal Investigator: Shiyi Li, director of the Emotional Research Team

- Assisted in the research, writing, and filing of psychological-related patents;
- Analyzed and summarized domestic and international competitive products (e.g., games to repair cognitive impairment) and related cutting-edge research literature based on product development needs; Conducted literature review (RCT trials) about the effectiveness of CBT intervention on older adults' mental health illness

Bachelor's degree thesis: *The Influence of Maternal Parenting Style on University Students' Ego Identity: Mediator of Adult Attachment Style (2020-2021)*, Thesis Supervisor: Dr. Keli Yin

- Conducted data collection of surveys among college students;
- Ran the mediation model using SPSS and Amos 22; wrote the entire manuscript

RESEARCH METHODS COURSES TAKEN

MAT 147 Statistics, SPSS application in psychology, Research Methods & Statistics I&II, SOWK 6070 Social Policy Research (qualitative methods), SOWK5810M Program Evaluation (quantitative research methods); Online courses on Coursera: Linear regression and modeling, Data Analysis with R specialization; Data Science: Foundations using R; Other online course: Data analysis with Comprehensive Meta-Analysis 3.0

RESEARCH SKILLS

- Quantitative Statistical Analysis: linear regression and modeling, logistic regression, Structural equation modeling (SEM), LPA, LCA, RI-CLPM, LGM, metaSEM; Software: Stata, Rstudio, Mplus, CMA
- Qualitative data collection: in-depth interviews

Ad-hoc Journal Reviewer

Addictive Behaviours

CLINICAL & WORK EXPERIENCE

Mental health counselor in *Tangshan Mental Health Center, China (2020)*; Supervisor: Dr. Zhenming Shen

- Provided mental health counseling to patients suffering from mental health issues and wrote electronic reports
- Assisted supervisor in crisis intervention, conducting group therapy, art therapy, for youth suffering from major depression disorder and schizophrenia

TEACHING EXPERIENCE

Emotional Intelligence Training Teacher, China; *I SEE Early learning center, Kunming, China (2020-2022)*
Supervisor: Xiwen Yang, M.A.

- Taught EI training classes (designed by Dr. Yiyun Zhang) for preschool children (2–6-year-old); helped children improve their emotional cognition (happy, sad, angry, scared), emotional regulation competence, and social skills in English and Mandarin
- Wrote daily observation reports and assisted with conducting social-emotional assessments for children, including those with ADHD, Autism
- Trained parents on emotional-related parenting skills once a month

VOLUNTEER & COMMUNITY EXPERIENCE

Volunteer in *Nanyang Culture Communication Co.,Ltd, Kunming, China (06/2021-12/2022)*; Supervisor: Prof. Yuanhui Li

- Wrote articles for WeChat official Accounts: “SheroUp ” representative popular science article: “NO MEANS NO---sexual violence prevention”
- Operated WeChat Group, shared psychology-related knowledge, including feminism, identify toxic romantic relationship, resilience, etc.

Volunteer in *Chinese Rainbow Network (CRN), USA (NPO) (09/2020-06/2021)*

- Assisted in holding over 10 online workshops for LGBTQ+ Chinese people studied or/and worked in USA
- Received volunteers’ mental health counseling skills training once a month

Volunteer in *Overseas Students Philanthropy Action (OSPA), Health and Sex Education ----Illustrated Book Team (08/2020-06/2021)*

- Wrote original stories for elementary school children in rural areas of China (Grades 4-6) about building and maintaining love and friendship

Peer support mental health counselor in *For A Safer Space (FASS) online website, Canada (NPO) (01/2020-06/2020)*
Supervisor: Katherine Zhu, Ph.D.

- Offered online peer support counseling in English and Mandarin.
- Matched mental health support resources and answered online questions

Volunteer teacher in *Afterschool program, Girls & boys club, Collins Middle School, MA, USA (11/2019-02/2020)*
Supervisor: Grace Duran

- Worked with children from diverse background (ranging in race, ethnicity, SES), provided mentoring support to help them with their homework and fostered the development of healthy study habits.
- Organized various indoor activities. e.g., playing card games, dancing.
- Assisted the school social worker in teaching children perspective-taking skills and conflict management skills.

EQ training teacher intern in Fang Cun Bang – “Jiongjiong” Children's EQ Training Institution, Kunming, China (09/2017-08/2019) Supervisor: *Zhihong Liu, Manager*

- Assisted teaching courses (identify EQ-related vocabulary, painting, big body movements)

Volunteer in Shenzhen One Family Research Academy, Shenzhen, China (04/2019)

- Community service for assisting “Happy family seed lectures”

EXTRACURRICULAR ACTIVITIES**Campus radio station leader-Yunnan Normal University (10/2017-07/2019)**

- During my freshman and sophomore year, I served as the leader of the YNNU Campus Radio Station, overseeing broadcasting activities and coordinating with the radio announcers. I organized weekly meetings and mentored new announcers

PROFESSIONAL MEMBERSHIP

Association of Chinese Helping Professionals and Psychologists International (ACHPPI), student member 2020-
American Psychological Association (APA), student member

CERTIFICATION & TRAINING

- KASEL Growth Tutor (issued by Beijing Normal University, China, 2021)
- Senior Nursery Teacher (issued by Human Resource and Social Security Bureau of Kunming,2018)